Wisconsin Osteoporosis Symposium: The Bare Bones of Osteoporosis Care

June 2, 2017
The Fluno Center
Madison, Wisconsin

Target Audience
This activity has been designed to meet the needs of clinicians and other health care professionals looking to enhance their knowledge and skills related to musculoskeletal health for the care of their patients.

Statement of Need
Nationally, over 2 million people sustain osteoporotic fracture annually - a number projected to dramatically increase as our population ages. However, osteoporosis prevention and treatment strategies are rapidly changing. Controversies surrounding optimal nutrition, use of diagnostic modalities and treatment thresholds, available medications and other therapies will be discussed. Clinicians should appreciate that low muscle mass/sarcopenia and impaired function lead to increased falls risk and thereby are important contributors to fracture.

Elements of Competence
This CME activity has been designed to change learner competence and performance and focuses on the American Board of Medical Specialties areas of patient care and procedural skills, and medical knowledge.

Learning Objectives
At the conclusion of this activity, participants should be able to:

• Define recent advances in osteoporosis prevention and treatment and to apply them in practice.
• Recognize controversies surrounding pharmacologic osteoporosis therapy including side effects and the risk/benefit ratio of therapy.
• Determine when and how to perform an evaluation for secondary osteoporosis and how to manage low bone density and fracture in patients with hypophosphatasia and chronic kidney disease.

Faculty
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Madison, WI

*Member of Planning Committee
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00</td>
<td>Welcome</td>
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<tr>
<td>8:15</td>
<td>Neil Binkley, MD</td>
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<td>8:45</td>
<td>&quot;I’ve Heard so Much Bad About Osteoporosis Drugs.&quot; Assessing Treatment Risk Benefit</td>
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<td>9:15</td>
<td>New Anabolic Therapies for Osteoporosis</td>
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<td>9:40</td>
<td>Questions for speakers</td>
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<td>10:00</td>
<td>Break</td>
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<tr>
<td>10:30</td>
<td>A Preview of the 2017 American College of Rheumatology Guidelines to Prevent and Treat Steroid Induced Osteoporosis</td>
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<tr>
<td>11:10</td>
<td>Osteoporosis Care in Nursing Home Residents</td>
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<tr>
<td>11:30</td>
<td>Practical Management of Clinical Osteoporosis Patients (case presentations)</td>
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<td>12:30</td>
<td>Lunch</td>
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<tr>
<td>1:30</td>
<td>What Primary Care Providers Need to Know about “Bone Quality”</td>
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<td>1:50</td>
<td>Can I Trust This DXA Report?</td>
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<tr>
<td>2:10</td>
<td>Falls: How to Assess and Reduce Risk</td>
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<tr>
<td>2:30</td>
<td>Post Fracture Care: Vertebral Augmentation and Own the Bone</td>
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### Breakout Sessions

**Breakout 1: Clinical Cases; Treatment Decisions and Laboratory Work-up**
- Leaders: Robert Przybelski, MD, Felicia Cosman, MD
- Potential cases might include:
  - T-score osteoporosis; classic bisphosphonate candidate
  - T-score osteoporosis; low FRAX score/high FRAX score
  - Hip fracture; multiple fragility fractures
  - Potential estrogen or raloxifene candidate
  - Treatment failure; what is it and what to do?
  - Bisphosphonate holiday

**Breakout 2: Clinical Cases; Maintaining Independence in Older Adults: Falls and Fracture Prevention**
- Leaders: Robert Przybelski, MD, Neil Binkley, MD, and Edith Burns, MD
- Potential cases might include:
  - How to reduce falls risk
  - How to optimize vitamin D, does it reduce falls
  - Identifying an appropriate ambulatory assistive device
  - Special considerations for nursing home patients

**Breakout 3: Clinical Cases; You Need to Review Your Patient’s DXA, Here’s How**
- Leaders: Neil Binkley, MD, and Robert Blank, MD
- Potential cases might include:
  - Acquisition errors
  - Analysis errors
  - Monitoring errors
  - Vertebral fracture assessment (VFA) - fractures, abnormalities, non-fractures
  - Utility of trabecular bone score (TBS)

### Breakout Sessions: from 3:30–5:00

- All to be case based informal discussions of how the faculty would manage these patient situations. Attendees are encouraged to bring cases from their practice to discuss.
- Breakout leaders will prepare cases to initiate discussion in the event that attendees do not bring their own cases.

### Three breakout sessions and leaders are as follows:

**Breakout 1:**
- Clinical Cases: Treatment Decisions and Laboratory Work-up
- Leaders: Joseph Shaker, MD, and Felicia Cosman, MD
- Potential cases might include:
  - T-score osteoporosis; classic bisphosphonate candidate
  - T-score osteoporosis; low FRAX score/high FRAX score
  - Hip fracture; multiple fragility fractures
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### Parking

- A 290-stall parking facility is conveniently located beneath the Fluno Center. The University of Wisconsin managed garage is available for $12.00 per day (subject to change without notice). There are two City of Madison parking ramps located on North Lake Street.

### Fee

- The conference fee is $225 MD/DO/PhD and $175 Others. This fee includes the cost of tuition, materials, continental breakfast, breaks, lunch, and a nonrefundable processing fee of $50. Should you cancel your registration up to 72 hours prior to the conference; you will be refunded the entire conference fee except the $50 nonrefundable portion. No refunds will be made after that time.

### Four Easy Ways to Register

- **Online:** www.ocpd.wisc.edu/CourseCatalog.aspx
- **By Mail:** Return your completed registration form and payment.
- **By Phone:** 608-262-1397, Call and give your billing information or pay by VISA, MasterCard or American Express.
- **By Fax:** 1-800-741-7416 (in Madison 265-3613).

### Confirmandations

- All registrations are confirmed via email. If you do not receive a confirmation, call 608-262-1397.

### Housing

- Rooms are reserved at the conference site. The conference rate is $149. All rooms have one queen-size bed. Please call the Fluno Center directly to arrange your accommodation 877-77-FLUNO or 608-441-7117. The Fluno Center will release its rooms to the public on May 2, 2017.

### Conference Attire

- Only the credit commensurate with the extent of their participation in the activity.

### Continuing Education Units

- The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for 0.5 CE continuing education units (CEU) or 7 hours American Academy of Family Physicians.

### Policy on Disclosure

- It is the policy of the University of Wisconsin-Madison to disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during the conference. Detailed disclosures will be made in the activity handout materials.

### Accreditation Statement

- The University of Wisconsin-Madison TICP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### CME Specialist

- TICP, 702 Langdon Street, CME Specialist, Department 101, The Pyle Center, 702 Langdon Street, Madison, WI 53706 or Fax 1-800-741-7416 (in Madison Fax 265-3163).

### Conference Completion Report

- You will be mailed a conference completion report after the conference.

### Registration Form

- Wisconsin Osteoporosis Symposium: The Bare Bones of Osteoporosis Care • June 2, 2017
- Please print in BLOCK letters.

### Title IX Requirement

- The University of Wisconsin School of Medicine and Public Health fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please notify Terese Bailey in order to receive services. Please call 608-265-2046.